Associated factors with persistent airflow limitation in asthma

Rationale
Current therapeutic options fail to prevent or reverse irreversible obstruction, which occurs in some patients with asthma. Careful phenotyping of these patients will allow more detailed understanding of the underlying pathophysiology, such as the accompanying inflammatory pathways. This can promote the development of targeted prophylaxis or treatment.

Aim
To examine whether fixed airways obstruction in patients with asthma is associated with markers of airway inflammation, FeNO, total IgE, and BMI.

Methods
This was a cross-sectional analysis of the U-BIOPRED cohort. Severe asthma was defined by the IMI-criteria (Bel et al. Thorax 2011). Patients with mild asthma used ICS (≤500mcg FP), were (partly)controlled according to GINA-criteria, and were (ex)non-smokers (≤5 py). Fixed airways obstruction was defined as a postbronchodilator FEV₁ or FEV₁/FVC < 75% predicted with a TLC>75% predicted [ten Brinke et al, AJRCCM 2001]. Wilcoxon rank sum test was used to test for associating factors.

Results
Data were available for 148 patients, of which 118 with severe asthma. Persistent airflow limitation was observed in 46% of the patients and was significantly associated with sputum eosinophils (Sp.eos.), sputum alveolar macrophages (Sp.alv.macroph.) and age (Table 1).

Conclusion
These preliminary data show that fixed airflow limitation in asthma is associated with elevated sputum eosinophils and lower sputum alveolar macrophages, suggesting a distinguishable inflammatory profile in the airways.

Table 1.

<table>
<thead>
<tr>
<th>Character</th>
<th>Fixed airflow obstruction</th>
<th>Control</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age*</td>
<td>55.3 (11.7)</td>
<td>46.8 (15.2)</td>
<td>0.006</td>
</tr>
<tr>
<td>Sp.alv.macroph. (%)†</td>
<td>24.8 (13.2-37.7)</td>
<td>40.6 (27.4-65.3)</td>
<td>0.01</td>
</tr>
<tr>
<td>Sp.eos. (%)†</td>
<td>12.3 (2-34.3)</td>
<td>1.88 (0.2-11.1)</td>
<td>0.03</td>
</tr>
</tbody>
</table>

*mean(standard deviation)
†median(interquartile range)

Characters: 1805 (max 1810)