

Childhood asthma

europeanlung.org/childhood-asthma/

Asthma is a condition that causes inflammation in the airways. It is the most common long-term condition in children. Asthma can start at any time of life, but is likely to begin in childhood.



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Areas for action

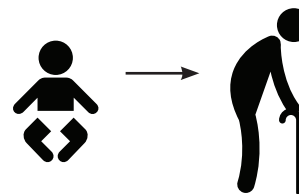
- In schools, precautions should be taken to reduce exposure for allergic asthmatic children
- Emphasis should be put upon mastering exercise-induced asthma in physical education classes in school
- More data are needed on environment and genetic causes of asthma



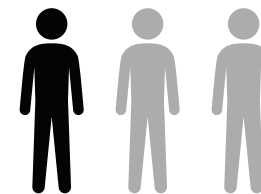
An increase in asthma prevalence is expected in **Eastern Europe**



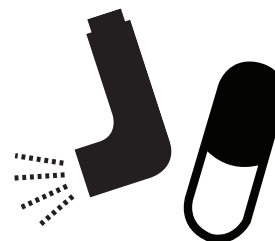
13% of carers of asthmatic children in Britain reported giving up work to care for their child



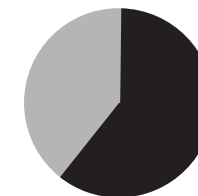
Asthma typically begins much earlier in life than other chronic diseases, imposing a **high lifetime burden** on individuals, their carers and the community



Approximately **one third of the population will develop asthma** at some time between the ages of 5 and 80 years, most before the age of 20 years



The development of **more effective drugs would reduce the need for hospital admissions due to asthma**



65% of all asthma attacks in school children are due to rhinovirus infection