



Message from Isabel Saraiva, Chair of the European Lung Foundation:

My first European Respiratory Society (ERS) International Congress as ELF Chair was an amazing experience and it was great to meet many of you in Paris.

This year's Congress was one of ELF's most successful to date. Our patient organisation networking day was very well attended: I was really pleased to see so many engaged participants and to hear such interesting discussions taking place. The value of patient involvement within the Congress was a recurring theme – and I was proud to be part of such an inspiring group of patient speakers who gave up their time to add their views to scientific and educational sessions, and in project meetings.

I am also very excited to launch Live@ERS for patients – our new initiative that we hope will bring the latest science from the Congress closer to those of you unable to join us in Paris. When I became ELF Chair a year ago, one of my priorities was for ELF to be able to share more information produced by ERS – including from the Congress – and it is wonderful to see this become a reality. Stay tuned for more information on this.

Outside of the Congress centre, it was fantastic to see how prominent the Healthy Lungs for Life campaign was in Paris, with its positive messages about protecting lung health. It was amazing that around 900 people from the city came out to our public event to get their lungs tested and learn more about how to protect their lungs. And, of course, it was wonderful to be invited to Paris's City Hall to formally present Anne Hidalgo with the ELF Award in recognition of the work of C40 Cities, a group she chairs.

This newsletter is an overview of our activities at the Congress – but it is hard to put into words everything that we achieved as an organisation in just under one week. I want to thank everyone that supported our activities during the Congress and helped to make it such a success. Your contributions to our work are so valuable, and we could not do it without you.

Large trial has shown that lung cancer screening increases survival rates

[Find out more](#)

First evidence that soot from polluted air is reaching placenta

[Find out more](#)

People with COPD suffer fewer lung-related problems when treated with targeted lung denervation

[Find out more](#)



NEW FACTSHEET TRANSLATIONS: SPIROMETRY

Our latest factsheet is about spirometry testing, and was produced with the Global Lung Function Initiative.

It has now been translated into several languages – though more translations will be available soon.

Why not use it at your own Healthy Lungs for Life spirometry testing event?

Download the factsheet:

- [English](#)
- [Danish](#)
- [German](#)
- [Spanish](#)
- [French](#)
- [Italian](#)
- [Greek](#)
- [Dutch](#)
- [Portuguese](#)
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ELF AND ERS LEADERSHIP PRESENT ELF AWARD TO ANNE HIDALGO, MAYOR OF PARIS

This year's ELF Award went to the C40 Cities Climate Leadership Group (C40 Cities) to recognise the organisation's dedication to improving air quality in numerous major cities, and for millions of citizens, worldwide.

During the Congress, ELF Chair Isabel Saraiva was joined by members of the ERS leadership at Paris City



Hall in a ceremony to present the award to Anne Hidalgo, the city's mayor, who also chairs C40 Cities.

[Read more.](#)

[Watch a video of the ceremony highlights.](#)

ELF PATIENT ORGANISATION NETWORKING DAY

On the first day of this year's ERS International Congress, we held our annual Patient Organising Networking Day.

'Partners in learning: challenging the culture of medical and patient education' was the theme for this year's event, which brought together over 80 patient organisation representatives and healthcare professionals to share ideas on this theme through presentations, posters and discussions.

[Read more.](#)



PATIENT INVOLVEMENT IN THE ERS INTERNATIONAL CONGRESS

ELF coordinates patient involvement in the ERS International Congress, which is one of the leading international medical conferences to include patients in its programme. This year was no different, with patients taking part in scientific and educational sessions, participating in research and guideline meetings and being a key part of the World Village.

[Read more.](#)



ERS CONGRESS OVERVIEW: FEEDBACK FROM COMMITTEE MEETINGS

As every year at the ERS International Congress we used the opportunity of many patients and patient organisations being present in Paris to hold several key meetings.

[Read more.](#)



ELF LAUNCHES HEALTHY LUNGS FOR LIFE CAMPAIGN IN PARIS

Our Healthy Lungs for Life campaign continues its 'Breathe clean air' theme this year, spreading awareness of the importance of air quality to lung health.

We launched this year's campaign at the ERS International Congress in Paris, with a high-profile public event in the centre of the city.

[Read more.](#)



GET INVOLVED IN OUR COUGH PATIENT ADVISORY GROUP

We have a Patient Advisory Group (PAG) of people living with chronic cough who share their perspectives to help improve diagnosis and treatment.

We want to expand the PAG to include more people from across Europe – we currently have good representation from people living in the UK and would like to involve more people from other European countries.

[Read more.](#)



PATIENT ORGANISATION ROUND UP

Patient organisations have been busy supporting and advocating for people living with lung conditions throughout Europe. Read our summary of a selection of these activities.

[Read the full round-up.](#)

Picture: People affected by rare lung conditions, lung transplant recipients and friends and family took part in the first ever Rare Marathon in Finland.



The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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