



Message from Isabel Saraiva, Chair of the European Lung Foundation:

Every year on the 31 May, ELF is involved in World No Tobacco Day, an opportunity to talk about how we can help more people stop smoking. The theme this year is 'Tobacco and Lung Health', and we have a lot of very exciting activities planned as part of the #NoTobacco campaign.

As well as helping to spread the campaigns message, we're looking forward to talking about all of the benefits people experience when they stop smoking. If you have stopped smoking, or know someone who has, we would love to hear from you. Please get in touch (info@europeanlung.org) to share your story.

We will also be hosting live chats on our [Twitter](#) and [Facebook](#) channels on the 28 and 29 May. More details are available below.

Finally I am pleased to announce that registration for ERS Congress 2019 is open. The congress will take place in Madrid, and is a great opportunity for patient organisations to meet face to face and discuss important developments in lung health. I look forward to seeing you there!

Highlights and key dates:

- ELF Council Meeting, Zurich, 2 May
- ELF and members of the severe asthma patient advisory group will be attending the SHARP meeting, Barcelona, 9-10 May

Researchers discuss COPD in women and call for more evidence

[Find out more](#)

Painkiller use when pregnant may not cause childhood asthma as previously thought, new research suggests

[Find out more](#)

7th Alpha-1 Global Patient Congress

[Find out more](#)



FACTSHEETS FOR WORLD NO TOBACCO DAY

World No Tobacco Day (31 May) is a great opportunity to talk about preventing lung disease by taking action on tobacco. As well as our factsheets on different lung diseases, ELF has produced factsheets on the benefits of stopping smoking:

[Quitting smoking - the benefits](#)

[Smoking when you have a lung condition](#)

Please feel free to use and share these factsheets, whether that be on social media, by linking to these factsheets on your website, or printing them out as posters and hand outs.

REGISTRATION OPEN FOR ERS CONGRESS, MADRID

Registration for ERS International Congress 2019 is now open. This year, Congress will be held in Madrid, Spain between 28 September and 2 October.

Patient organisations benefit from a reduced rate and a limited number of travel bursaries are also available.

[Find out more](#)



IMI CALL FOR PATIENT EXPERTS COMING SOON

The Innovative Medicines Initiative (IMI) is a European initiative that works to speed up development of better and safer medicines. IMI will soon be launching a call for patient experts, to strengthen the role and voice of patients in IMI activities.

[Find out more](#)



BIOMED ALLIANCE VIDEO

Members of BioMed Alliance have created an animated video for patients, which highlights the importance of unbiased medical education for healthcare professionals.

[Find out more and watch the video](#)



WORLD NO TOBACCO DAY

As we approach World No Tobacco Day (WNTD) on 31 May 2019, we are encouraging everyone to get involved with activities to highlight the benefits of living a smoke-free life

In particular, we would love to hear from people who have stopped smoking about how your life has changed.

[Find out more](#)



"A DAY'S WORK FELT LIKE A MARATHON" - INTERVIEW WITH WILBERT RUTTEN ON OCCUPATIONAL ASTHMA

Wilbert Rutten was diagnosed with bakers' asthma after working as a baker for 32 years. In this interview, he tells us about his experience from the first time he noticed symptoms to making the decision to change his career for the sake of his health.

[Read the full interview](#)



PATIENT ORGANISATION ROUND UP, MAY 2019

Patient organisations have been busy raising funds for research, holding patient information days and generally supporting people living with lung conditions throughout Europe. Read our summary of these activities from the past month.

[Read the full round-up](#)



The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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