



Message from Isabel Saraiva, Chair of the European Lung Foundation:

Like many of you, I believe that patient voices are hugely important to improving the lives of people affected by lung conditions. The ELF Patient Advisory Groups (PAGs) bring together people who share this belief to positively influence the management and treatment of different conditions.

Being part of a PAG can also be a rewarding way to share experiences with other people who understand. The amount you are involved is completely up to you - every contribution great or small by PAG members is highly valued.

That's why this month, I'm asking for your help to consider this opportunity, and share it with anyone you know who might be interested. If you would like to read more, our [PAG member interview](#) and [news article](#) on the topic are very useful. And the ELF team (info@europeanlung.org) are always happy to answer any questions you might have.

In other news this month, I was very pleased to see so much activity around World No Tobacco Day. Highlights included a live twitter chat ([#NoTobaccoChat](#)) and an interview with the wonderful [Dyna Torrado](#), who shared her expertise on helping people to stop smoking successfully.

Highlights and key dates:

- ELF is attending the ERS Presidential Summit in Hannover, 5-6 June
- ELF will attend the European Alpha-1 Research Collaboration (EARCO) meeting in Frankfurt, 17 June

Women with sleep apnoea are more likely to be diagnosed with cancer than men

[Find out more](#)

DOXT improves activity and quality of life in people with pulmonary hypertension, new research suggests

[Find out more](#)

Should European countries screen children seeking asylum for tuberculosis?

[Find out more](#)



NEW FACTSHEET: IDIOPATHIC PULMONARY FIBROSIS

A new factsheet has been produced on Idiopathic Pulmonary Fibrosis. The factsheet was published in the Journal *Breathe* and is also available to download from the ELF website via the following link.

[Idiopathic Pulmonary Fibrosis](#)

REGISTER FOR ELF PATIENT ORGANISATION NETWORKING DAY

Calling members of the ELF Patient Organisation Network: registration for our annual networking day on the 28 September is now open!

This year's day will focus on the theme of 'Patient Organisations 2030'. Spaces are limited so please register as soon as possible.

[Find out more](#)



SHARE YOUR EXPERIENCE OF BRONCHIECTASIS AND/OR NTM INFECTION IN A NEW SURVEY

ELF has launched a survey to learn more about the challenges of being tested and treated for non-tuberculous mycobacteria (NTM).

The survey is available in multiple different languages and will help healthcare professionals across Europe improve how NTM infection is tested and treated.



[Find out more](#)

PATIENTS LEAD DISCUSSIONS AT SHARP MEETING

ELF Severe Asthma Patient Advisory Group (PAG) members attended the SHARP (Severe Heterogenous Asthma Registry Patient-centred) meeting in Barcelona.

An important aim of the meeting was to ensure that a high level of patient involvement continues as a new phase of this project begins.

[Find out more](#)



INTERVIEW WITH STOP-SMOKING SPECIALIST DYNA TORRADO

Dyna Toraddo talks to ELF about the benefits of stopping smoking, and shares lots of useful advice to help people who are trying to stop in this interview for World No Tobacco Day.

[Find out more](#)



PATIENT ORGANISATION ROUND UP, JUNE 2019

This month, patient organisations have been taking part in awareness days, holding conferences and meetings, and organising fundraising activities to support people living with lung conditions.

[Find out more](#)





The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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